

The Life Eternal Trust, Mumbai

Unit No 1111, 11th Floor, Hubtown Solaris, N. S. Phadke Marg, Andheri (E), Mumbai 400 069
+91-22-2684 3169 +91 7738 1111 85 mumbaillet@gmail.com www.sahajayogamumbai.org

Charity Comm. Regd. No. E/4884 (B) 1972



Her Holiness Mataji Shree Nirmala Devi
(Founder of Sahaja Yoga)

Date: 22nd October 2025

Workshop on Music, Instruments & Dance

Shri P. K. Salve Kala Pratishthan, Vaitarna

27th December – 31st December 2025

“So those who want to learn music must have music in their hearts also. Running after money, women and doing all sorts of wrong things is unbecoming of a musician. My eternal blessings that this organization flourishes and people coming here learn music and make their lives rhythmic and full of music. Hope you will fulfil my desires. Whenever you get angry, get annoyed or complain, tell yourself that ‘I am a Sahaja Yogi. I am different from others. Mother has transformed me into something else. If you understand this you will be glorious. But if you cannot achieve this then it is useless. Then making 50 such organizations also is of no use.”

(31st December 2002, Shri P. K. Salve Kala Pratishthan, Vaitarna (Tembha), India)

Dear Brothers and Sisters,

Jai Shree Mataji

With the divine blessings of HER HOLINESS MATAJI SHREE NIRMALA DEVI, we are delighted to invite and welcome all Sahaja Yogi brothers and sisters of the world for 5 days **Workshop on Music, Instruments & Dance** from **27th December 2025 to 31st December 2025** at the holy land of Shri P. K. Salve Kala Pratishthan, Vaitarna blessed by the lotus feet of Shree Mataji.

Established in 2003 under personal care, guidance and blessings of H. H. Mataji Shree Nirmala Devi, Shri P. K. Salve Kala Pratishthan, at Vaitarna in Thane district of Maharashtra, has been encouraging students to tap their true potential in Indian Art and Culture. Students from diverse cultures across the globe, have experienced their untapped potential flourishing. Through their holistic understanding of Sahaja Yoga, one of the precious gifts by our holy Mother to the mankind, they have gained/achieved distinctive insight while learning music and art at the Academy. The Shri P. K. Salve Kala Pratishthan is a unique place in India where music and enlightenment combine to produce harmonies that uplift the spirit.

I. Workshop Schedule - as per India Time (IST):

Time & Date	27 December (Saturday)	28 December (Sunday)	29 December (Monday)	30 December (Tuesday)	31 December (Wednesday)
6:00	Morning Meditation				
08:30	Registration & Breakfast	Breakfast			
10:00 – 11:00	Introduction	Kathak	Tabla	Harmonium	Vocals
11:15 – 12:15	Vocals	Tabla	Vocals	Vocals	Kathak
12:30 – 13:30	Harmonium	Vocals	Harmonium	Kathak	Tabla
13:30 – 16:00	Lunch & Rest				
16:00 – 17:00	Tabla	Harmonium	Kathak	Tabla	Harmonium
17:00 – 17:30	High Tea				
17:30 – 18:30	Kathak	Rangoli Making	Garland Making	Painting	Concluding Session
18:30 – 19:30	Evening Collective Meditation				
19:30 – 20:30	Performances				
20:30 – 21:30	Dinner				

The Life Eternal Trust, Mumbai

Unit No 1111, 11th Floor, Hubtown Solaris, N. S. Phadke Marg, Andheri (E), Mumbai 400 069
+91-22-2684 3169 +91 7738 1111 85 mumbailet@gmail.com www.sahajayogamumbai.org

Charity Comm. Regd. No. E/4884 (B) 1972



Her Holiness Mataji Shree Nirmala Devi
(Founder of Sahaja Yoga)

II. Contribution towards the Workshop on Music, Instruments & Dance* in Indian Rupees:

Payment Method	Adult & Yuva	Child (6 - 12 years)	Child (Up to 6 years)
UPI or Cash	3000	2000	1500

*Contribution includes charges for workshop on all days, breakfast, Lunch, evening tea, dinner and night stay from 27th December to 30th December & morning tea, breakfast, lunch, evening tea of 31st December 2025.

III. Registration and Payment Link: <https://forms.gle/RMJefqMZeVsm3eJS9>

IV. Workshop Venue:

Shri P. K. Salve Kala Pratishthan
Near Vaitarna Dam (Also known as Modak Sagar Dam),
Village Belvad, at Post Vaitarna,
Taluka: - Shahpur, District: - Thane,
Pin code: - 421601,
Maharashtra, India

Nearest Railway Station: Khardi (Central Railway)

Map Location: <https://maps.app.goo.gl/dX4QfhkRkjiwfdSt8>

Note: You are requested to get your own chaddars/ shawls and woollen clothes due to the winter season.

Looking forward to your participation in large number.

Please announce at all centres and forward to all.

Warm regards,
The Life Eternal Trust, Mumbai

For any clarifications regarding workshop, you may contact us on:

Workshop Registration	+91 7045 416 001 spkskp.music@gmail.com
Transport arrangements	+91 8850 889 762 +91 9860 773 461

JAI SHREE MATAJI