

The Life Eternal Trust, Mumbai

Unit No 1111, 11th Floor, Hubtown Solaris, N. S. Phadke Marg, Andheri (E), Mumbai 400 069

+91 7738 1111 85 mumbaillet@gmail.com www.sahajayogamumbai.org

Charity Comm. Regd. No. E/4884 (B) 1972



Her Holiness Mataji Shree Nirmala Devi
(Founder of Sahaja Yoga)

International Sahaja Yoga Seminar – 2026 Nirmala Nagari, Malgund-Ganapatipule December 22 – 25, 2026

9th August 2026

Dear Brothers and Sisters,

“JAI SHREE MATAJI”

With the divine blessings of HER HOLINESS MATAJI SHREE NIRMALA DEVI, The Life Eternal Trust, (Mumbai) is delighted to invite and welcome you to the International Sahaja Yoga Seminar 2026 at Nirmala Nagari, Ganapatipule, Maharashtra from **December 22 to December 25, 2026**. As we all know, Ganapatipule is the place of Shri Maha Ganesha. It is also the place where Shri Ganesha is in its complete matured form. It is also the place which was specially selected by Shree Mataji who has immortalized it by celebrating Christmas there with thousands of us continuously for nearly two decades. You all will agree that it is a special location vibrated over the years with Shree Mataji's Divinity and vibrations of the global collective.

I. PROGRAMME SCHEDULE - as per Indian Time (IST)

	22 December (Tuesday)	23 December (Wednesday)	24 December (Thursday)	25 December (Friday)
6.00 AM	Morning Meditation			
8.30 to 10.00 AM	Breakfast / Cleansing at the Sea			
10.30 AM	Havan / program announcements	Seminar / Cultural program / collective meditation	Seminar / Cultural program / collective meditation	Seminar / collective meditation
1.30 to 3.00 PM	Lunch			
4.30 to 5.30 PM	Cleansing at the sea			
6.30 PM onwards	Music / Dance program			Christmas Puja
8.30 to 10.30 PM	Dinner			Mahaprasad

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II. CONTRIBUTION TOWARDS SEMINAR EVENT EXPENSES IN INDIAN RUPEES

A) Indian Sahaja Yogis - Contribution for SEMINAR:

	Up to December 14 th	From December 15 th	At Puja site
Payment Methods	ONLINE PAYMENT		CASH
Adults	4,200/-	4,700/-	5,500/-
Yuvas (Up to Age 25)	3,200/-	3,600/-	4,500/-
Children (6-12 years)	2,200/-	2,500/-	3,000/-
Children below 6 years	Nil	Nil	Nil

Indian Sahaja Yogis - Contribution for ONLY PUJA DAY on December 25, 2026:

Payment Methods	ONLINE PAYMENT	CASH
Adults, Yuvas, Children	1000/-	1500/-

- **Payment mode:** Seminar Contribution to be made only using the **Online Payment Gateway link** click link <https://www.sahajayogamumbai.org/gpseminar/>
- **Issuance of Badges:** Seminar badges will be issued at Seminar Site/ Trust office. "Only Puja Day" Badges will be given at the seminar site on December 25, 2026 morning after 8 am.
- **Inclusion:** Seminar Event expenses include charges for Stay & Meals (i.e. breakfast, lunch, dinner) from December 22 to 25, 2026. "Only Puja Day" Badges covers only Puja and Mahaprasad
- **Food and Stay:** Food charges are separately payable for December 21 and December 26, 2026. Accommodation will be provided free for these two days only, based on availability. For stay and food other than seminar dates, please submit details on the link https://www.sahajayogamumbai.org/gpseminar/food_charges.php latest by December 15, 2026.
- **Cancellation:** Requests for cancellation shall be entertained only till December 14, 2026 and refund will be processed after seminar before end of 31st January 2027

B) Foreign Sahaja Yogis - Contribution for Seminar Event Expenses in INDIAN RUPEES:

- Foreign Sahaja Yogis **have to** register for the seminar on the link <https://www.sahajayogamumbai.org/foreigner-registration-gp> latest by December 15, 2026. Payment of contribution should be made in **INR only**, as under:

	NON-SAARC	SAARC Countries
Adults	11,000/-	Same as Indian Nationals
Yuvas and Children	9,000/-	Same as Indian Nationals

- While registering, you are requested to upload copies of your passport, visa and your photo. Alternatively, you need to carry 3 photocopies of passport and visa at seminar site, as it is needed to be submitted to government authorities.
- **Payment mode:** Seminar Contribution to be made using the Online Payment Gateway link, which will be provided by the organisers.

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- For SAARC countries, accommodation provided will be same as that of Indian Nationals.
- **The Trust does not accept donations from Foreigners. Hence, NO DONATION should be made into Trust account directly by Foreigners.**

III. PERFORMANCES AT THE SEMINAR

It will be our endeavor to include performances by foreign Sahaja Yogi brothers and sisters in this year's seminar also. We would therefore request all Foreign and Indian Sahaja Yogis brothers and sisters, who are interested to perform / participate to send details of their desired program on seminar.performances@sahajayogamumbai.org latest **by November 25, 2026**.

IV. WORKSHOP AT SHRI P. K. SALVE KALA PRATISHTHAN

Shri. P.K. Salve Kala Pratishthan (Vaitarna Academy), founded and inaugurated by Her Holiness Mataji Shree Nirmala Devi is organizing a Workshop on Vocals, Instruments & Dance specially designed for Sahaja Yogis of all age groups. The workshop aims to introduce participants to the rich world of Indian classical vocal music, instrumental music, and classical dance forms, helping them to discover their interest and aptitude in these disciplines. Through engaging and interactive sessions conducted by experienced faculty, participants will gain a basic understanding of various art forms and will be encouraged to pursue further structured learning. The workshop will be held from January 1, 2027 to January 3, 2027. Interested Sahaja Yogi/Yoginis may register using the link <https://forms.gle/vkPz6VW4p8SLcWac8>. For queries and other details, you may write to spkskp.music@gmail.com.

V. MAHARASHTRA TOUR

You will surely recall that Her Holiness Shree Mataji has Herself led several batches of Sahaja Yogis from all over the world on two-week long tours of Maharashtra, the land of the Adi Kundalini and Ashta Vinayaka Swayambus. We are seeking to keep alive this practice started by Her Holiness Shree Mataji and with Her blessings, another Maharashtra Tour is being organized before this year's seminar to collectively visit and enjoy the vibrations at places with spiritual history and traditions along with natural beauty in the Holy Land of Maharashtra.

The Maharashtra Tour 2026, would start from Mumbai on the morning of **December 16, 2026 and end at Ganapatipule on December 21, 2026 evening**. This year's tour would cover places of spiritual interest and natural beauty (Ashtavinayakas Temples - Pali, Mahad & Theur, Sant Tukaram Temple - Dehu, Sant Gyaneshwar Samadhi - Alandi, Shri Vitthal Rukmini Temple - Pandharpur, Shri Bhavani Temple - Tuljapur, Shri Mahalakshmi Temple - Kolhapur and few more) in the Holy Land of Maharashtra. Tour itinerary, payment instructions etc. can be seen on www.sahajayogamumbai.org. For queries, you may write to us on maharashtratour@thelifeeternaltrustmumbai.org

We shall be obliged and request all the Country Leaders/State/City Centre Leaders to forward this circular to all Sahaja yogi brothers and sisters, so that all can participate and benefit from this spiritual seminar.

Looking forward to your participation in large numbers.

Warm regards and Love,

Trustees of The Life Eternal Trust, Mumbai.

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IMPORTANT INFORMATION:

1) SEMINAR VENUE: Nirmala Nagari, Malgund-Bhailadi, Ganapatipule, District Ratnagiri, Maharashtra. **Location:** goo.gl/d4Gqig

By Air: Mumbai Airport, is approx. 380 kms, Navi Mumbai Airport is approx. 320 kms, Goa Airport is approx. 285 kms and Pune airport is approx. 342 kms from the Seminar Venue.

Facility is available at the Mumbai/Navi Mumbai airports for Prepaid taxis / UBER / OLA to Health Centre at CBD Belapur, Pune and Ganapatipule. Sahaja Yogis/ Yoginis requiring Transport from Mumbai Airports and any other assistance at the airports must submit their request by email to seminar.transport@sahajayogamumbai.org latest by December 15, 2026. Those travelling via Navi Mumbai, Pune and Goa airports may make their own arrangements for travel to Nirmala Nagari.

By Train: The closest Railway station, Ratnagiri, is about 40 kms away from Seminar Venue. Sahaja Yogi volunteers will be available at Ratnagiri railway station from morning 10.00 AM on December 20, 2026 to 5.00 PM December 22, 2026 to receive and assist participants to reach the Seminar site. Yogis/ Yoginis requiring transport from Ratnagiri are requested to send their requests on <https://forms.gle/1jSgEQcQ5D1UNFJ47>

2) FOREX: Forex facility is not available at Seminar Venue. You may exchange at airports or at convenient locations, before reaching the Seminar Venue.

3) WATER: Clean filtered water is available at the seminar site. Reverse Osmosis filtration plant has been installed which will provide clean water for drinking.

4) MEDICAL FACILITIES: Though basic medical facilities will be available at the seminar site, you are requested to **carry your prescribed medicines** along with you and **consult your doctor in case of critical illness, before coming.**

5) SEA: Sea is meant for foot soaking and cleansing of subtle system. All are requested to adhere to the specified timings and not to venture too far out in the sea.

6) ACCOMMODATION:

At Nirmala Nagari: All participants shall be entitled to accommodation in a tent, **only mattresses will be provided**, bedsheets will not be provided. You are requested to get your own chaddars/ shawls and woolen clothes due to the winter season. Temperature may range from 15 – 35 degrees Celsius. It is advisable to carry a cap to protect from daytime sun.

Foreigners will be provided accommodation in dormitories, and mattresses will be provided along with bedsheets.

For SAARC countries, accommodation provided will be same as that of Indian Nationals.

At Ganapatipule Hotels: Details of hotel accommodations at Ganapatipule are available on www.sahajayogamumbai.org/ganapatipule-seminar. You may book directly with the hotels. The Trust does not recommend or endorse any hotel.

At International Sahaja Yoga Research and Health Centre, Navi Mumbai: Transit accommodation is subject to availability. You may write to sahaja.health.center@gmail.com or call on +91-91525 20413 / +91-91525 20414 /WhatsApp on +91-77381 11184

Location : <https://maps.app.goo.gl/AHVWwzCinqkUjk5x7>

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At Pune Ashram (Kothrud): Transit accommodation is available at Sahaja Yoga Dhyana Kendra, Bhusari Colony, Paud Road, Kothrud, Pune (Phone / WhatsApp No +91-74100 77782 / +91-91525 20417) at a nominal charge on first cum first serve basis before or after the seminar dates.

Location: <https://maps.app.goo.gl/pJpWppAKuZkjMmKK9>

At Shri P. K. Salve Kala Pratishthan (Vaitarna Academy): For accommodation, you may contact on +91-91525 20412 or write to spkskp.music@gmail.com or visit website <https://www.pksacademy.com/>

Location : <https://maps.app.goo.gl/EsqiUazyJWsxBvDk8>

At Nirmala Dham Ashram, Aradgaon, Rahuri: For accommodation, you may write to email nirmaldhamrahuri@sahajayogamumbai.org or call /WhatsApp on +91-88715 19191/+91 91525 20411.

Location : <https://maps.app.goo.gl/Q3F8uCbQGseWVjWv7>

FOR ANY OTHER CLARIFICATIONS REGARDING SEMINAR, YOU MAY CONTACT US ON:

Mumbai Trust Office	+91 77381 11185, mumbaisahajayoga@gmail.com
Ganapatipule Seminar Office	+91 91525 20418
Remittances/ payments	+ 91 77381 11185 seminar.payments@thelifeeternaltrustmumbai.org
Transportation from Mumbai/ Ratnagiri	seminar.transport@sahajayogamumbai.org
Other Queries	seminar.queries@sahajayogamumbai.org

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